Groups in London for Adults with Asperger’s Syndrome

**Autism London Asperger’s Group (ALAG)**
A monthly support group that meets: first Tuesday of the month - Call Autism London for details

"Aspirations"
Group for young adults with Asperger’s syndrome living in Croydon and surrounding boroughs.
Meets: Last Thursday of the month
Information: For more info send SAE to Vivien Clark, Croydon Contacts, Cornerstone House, 14 Willis Road, Croydon, CRO.

**Barnet Asperger’s Activities Group**
Meets: organised various social activities throughout each month with a weekly drop-in on Monday afternoons
Information: Contact Barnet Mencap
Tel: 020 8203 6688

**Bromley Autistic Trust**
Social skills group for adults with Asperger’s Syndrome
Information: 020 8464 2897

**NAS Harrow Branch**
Support group for adults with Asperger’s
Meets: monthly on Thursday afternoons
Information: Contact 020 8866 2244

**NAS Discussion Social Group**
Meets: Every 3rd Monday of the month.
Information: Contact Giovanna 0207 923 5705

**NAS Young People’s Social Group**
Meets: Last Saturday of the month.
Information: Contact Giovanna 0207 923 5705

**The Essex Autistic Society**
Holds a ‘drop in’ discussion group for adults with Asperger’s Syndrome and their families
Meet: The ‘Jazz room’ at Loughton Library, every second Tuesday of the month
Information: Contact Paula Muir
Tel: 01206 577 678

**Developmental Adult Neuro-Diversity Association (London)**
Meets: Fourth Tuesday of every month,
Information: Contact DANDA
Tel: 020 7435 7891